

Honors Project Proposal

My Honors Project for the Fall of 2011 semester will be discussing the various treatment methods for Post-Traumatic Stress Disorder, commonly referred to as PTSD. More specifically, I will be discussing the benefits of virtual reality exposure utilized to treat PTSD patients.

Throughout the duration of my project, I will be using college databases such as: Ebsco, Proquest, PsycARTICLES, Psychology (Proquest), in addition to external sources, such as the American Psychological Association, and information provided by the Veteran's Administration. Given that this topic is a recently adopted treatment, the Internet will be an intricate tool in advancing my project.

Throughout my research, I expect to find that virtual reality exposure will be successful in recoding memories, held in the amygdala, when a traumatic memory is encoded. However, virtual reality exposure will not work for all patients, but rather a number nearing fifty percent.

My mentor and I will be exchanging information and I will be asking her, on occasion, if the content of my research seems credible or makes logical sense. The responsibility of research and composition of the research paper will be left to me, the student. In order to keep a steady flow of work on the project, I will follow a timeline, occurring in the following order:

- Thursday, October 27th: Have outline and preliminary sources ready
- Thursday, November 17th: Rough draft of research paper composed, on its way to revision.
- Thursday, November 25th: rough draft fully revised, sources are properly cited, and project is nearing completion.

- Wednesday, December 12th: project is completed in as much entirety before finals.