Family Newsletter



Benefits of outdoor play

- Improve motor skills
- Improve overall health
- social skills
- Encouraging children to spend more time in the outdoors and away from technology aids their physical well-being, and helps them improve their emotional and intellectual health, too





Facts about LCCC's Arboretum

Lehigh Carbon Community
College has planted 24 trees as
part of an arboretum project
funded by the Delaware & Lehigh
National Heritage Corridor
through the Lehigh Valley
Greenways Grant Program under
the administration of the PA
Department of Conservation and
Natural Resources

Outdoor Game

- Ring toss
- Capture
 The Flag
- Bocce Ball
- Bean Bag Toss

Sensory Play Recipe

Our Cloud Dough recipe is a light, soft dough made with only two (2) everyday ingredients. Kids love playing with it! It smells great, is easy to shape, cut with cookie cutters, and adds accessories. It was enjoyable with a cloudshaped cookie cutter and lots of sparkly glitters. It'll keep for a couple of weeks in an airtight container.